# Mill Park All Abilities Play Space Access Key

**Morang Drive, Mill Park**

**Phone 9217 2170 (general information)**

**Website whittlesea.vic.gov.au**

**Version 1.0**

**Updated September 2021**

## Acknowledgements

**Acknowledgement of the Traditional Owners**

**The City of Whittlesea recognises the rich Aboriginal heritage of this country and acknowledge the Wurundjeri Willum Clan as the Traditional Owners of this place.**

**The City of Whittlesea would also like to acknowledge the support and assistance provided by Access Ability Australia in helping to prepare the Mill Park All Abilities Play Space Access Key.**

## Glossary

**Access Key – A customised accessibility guide that provides accurate and convenient information about accessing venues, events and programs. Access Keys are universally designed and suitable for all people, regardless of ability.**

**Actively supervise – Parents and carers must have their children within eyesight at all times.**

**AFFL - Above finished floor level.**

**Agility – The ability to move quickly and easily when faced with a challenge.**

**Balance – A biological system that enables us to maintain a body’s desired position and requires a number of sensory systems to work together.**

**Coordination - The ability to use different parts of the body together smoothly and efficiently.**

**Cause and effect - When something happens that makes something else happen.**

**Cognition – Refers to the mental processes involved in acquiring knowledge and understanding. These processes include knowing, thinking, remembering problem solving and judging.**

**Collaborative play – Refers to play that involves sharing, following rules, taking turns, compromising and negotiating.**

**Core strength - Stabilises and controls your abdominal muscles, back muscles and the muscles around the pelvis which all influence the legs and upper body.**

**Dexterity – The skill a person has with physical movement, particularly with their hands or body.**

**Fine motor skills - Involves the use of the small muscles in the hands.**

**Flexibility – The ability of joints to move through a range of motion while unrestricted and pain free.**

**Gross motor skills – Involves the use of the large muscles of the body.**

**Hand–eye coordination - The synchronisation of eye and hand movements.**

**HHSH – Hand held shower hose.**

**MLAK – Master Locksmiths Access Key (MLAK) system that allows people with a disability to access a Changing Places facility.**

**Motor planning – The ability to remember and perform steps to make a movement happen.**

**Proprioception - Awareness of position and movement of the body.**

**Self-regulation – The ability to manage and understand behaviour, reactions and feelings to what is happening around you.**

**Sensory awareness - The direct focus on specific sensory aspect/s of the body or the outer/inner environment.**

**Sensory seeking - Responds with intense searching for more or stronger stimulation.**

**Sensory sensitive - Shows a strong response to stimuli of weak intensity.**

**Socialise - Practise taking turns, team building and collaborative play.**

**Spatial awareness - Knowing where your body is in space in relation to objects or other people.**

**Strength building – Refers to the force that a muscle can produce.**

**TGSI - Tactile ground surface indicators. A tactile ground surface to assist pedestrians who are visually impaired. Often found on footpaths, stairs and train station platforms.**

**Vestibular – Awareness of balance and spatial orientation in order to coordinate movement with balance.**

## Guidelines

**Thank you for choosing to use an Access Key for Mill Park All Abilities Play Space.**

**For your Access Key to be successful, we recommend you follow these guidelines:**

**Access Keys are available online to help you prepare for your visit in advance.
https://accessabilityaustralia.com/access-keys-2/**

**Access Keys be read and shared in an environment free of distractions.**

**Access Keys can be read independently or shared with a friend, family member, carer or support worker to prepare for the visit.**

**If sharing the Access Key with participant, help the participant comprehend key points, consistently monitoring for level of understanding.**

**If sharing the Access Key with participant, contextualised photographs can be used to summarise information and experiences.**

**If using the Access Key as a reflective tool, make sure to enjoy the pivotal link between experience and recall after the visit has taken place.**

**Once the visit has taken place, revisit the Access Key to celebrate success.**

**Download Access Key in its entirety - 69 pages in total.**

**This Access Key can be downloaded and saved to your preferred device for future use.**

## Did You Know?

**Whittlesea 2040: A place for all is the long-term vision for the City of Whittlesea. It guides all of Council’s work and future partnerships with the community and others. https://www.whittlesea.vic.gov.au/whittlesea2040**

**Council is committed to equitable inclusion of all people, including people who live with a disability. You are valued for your differences, your knowledge, abilities and experiences. View Council's role in supporting people with a disability – City of Whittlesea.**

**https://www.whittlesea.vic.gov.au/community-support/people-with-disability/councils-role-in-supporting-people-with-a-disability**

**Mill Park All Abilities Play Space is proudly owned and operated by the City of Whittlesea.**

**The Mill Park All Abilities Play Space is located within the Mill Park Recreation Reserve. It is designed to facilitate inclusive play for all members of the community, regardless of their age or ability.**

**The play space includes:**

* **multiple play areas including a junior play, a multi-age accessible play, a sensory play, a water play, a sand play and a teen to young adult zone**
* **play equipment and structures, targeting different ages and abilities, each focussed on meeting physical and cognitive development through play**
* **full-sized basketball court line-marked for multiple sports and spectator seating**
* **barbecues, picnic facilities and drinking fountains**
* **an accessible toilet block including a Changing Places facility with shower provisions, two accessible cubicles and two ambulant cubicles.**

**Play is essential to children’s development. It helps them to learn new skills, build confidence, socialise and develop their imagination, as well as providing health and wellbeing benefits. Play helps children to learn how to interact with the world. All ability play spaces are designed so that everyone can experience the joy of play, regardless of age, cultural background and ability. All ability play spaces help reduce the barriers that have prevented people benefitting from play, ensuring there is something there for everybody whilst providing a space where people can feel comfortable, be challenged and provide a variety of play experiences that people can enjoy together.**

**To provide feedback on Mill Park All Abilities Play Space, please call City of Whittlesea on 9217 2170 or email parks@whittlesea.vic.gov.au**

## Getting There

**Mill Park All Abilities Play Space is located within Mill Park Recreation Reserve at 29W Morang Drive, Mill Park, 3082**

**See Google Maps reference here.
https://www.google.com/maps/place/Morang+Dr,+Mill+Park+VIC+3082/@-37.6561797,145.0569714,17z/data=!3m1!4b1!4m5!3m4!1s0x6ad6494874833857:0xc63c10d3a59e5537!8m2!3d-37.6561797!4d145.0591601**

**The closest train station to Mill Park All Abilities Play Space is the South Morang Station on the Mernda line.**

**Bus services 383, 564 and 569 will take you to the Mill Park All Abilities Play Space.**

**The nearest bus stop is 100 metres away, directly outside the play space on Morang Drive.**

**For further information on how to get to Mill Park All Abilities Play Space, please visit Public Transport Victoria. https://www.ptv.vic.gov.au/journey**

**Subsidised transport for eligible community members is available.**

**To learn more, visit Whittlesea Community Connections.**

**http://www.whittleseacommunityconnections.org.au/community-transport.html**

## Parking

**There is an on-site car park at Mill Park All Abilities Play Space.**

**There are:**

* **eight accessible parking bays. Two are located approximately 40 metres from the front entrance to the play space. A further six are located approximately 16 metres from the side entrance. To obtain an Accessible Parking Permit, visit Accessible (Disability) Parking Permit – City of Whittlesea
https://www.whittlesea.vic.gov.au/parking-roads-footpaths/parking/accessible-disability-parking-permit**
* **seventy-one general car park spaces with no restrictions. These are located near the front entrance as well as to the right of the play space**
* **three additional parking spots for community buses or vans with lifts at the front entrance**
* **bike racks are available outside both entry points.**

**Additional parking is available at the softball ground, 200 metres south on Morang Drive; a short walk along a concrete path.**

## Entry

**There are two airlock access points.**

**Front Entry**

**Located off Morang Drive, adjacent to the community bus drop off and parking area.**

**Side Entry**

**Located on the right side of the park, where additional car parks are located.**

**Both entries:**

1. **Enter through a manual latch swing gate opening outward with a clearance of 1090mm.**
2. **Proceed through the airlock entry.**
3. **Enter the play space through a manual latch swing gate opening inward with a clearance of 1090mm.**

**There is a sheltered seating area conveniently located at the front entrance with bench seating.**

**Actively supervise - Parents and carers must have their children within eyesight at all times.**

### Sensory Guide Play Space Entry

#### Feel

* **Shared personal space**
* **Weather**

#### Sounds

* **Children playing**
* **Gate latch**
* **Nature**
* **People**
* **Traffic**

#### Sights

* **Colourful play equipment**
* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Nature**
* **Sunscreen**

## Changing Places

**There is a Changing Places at Mill Park All Abilities Play Space. Changing Places toilets have extra features and more space to meet the needs of people with severe and profound disabilities.
Changing Places facilities require a MLAK to access. Patrons are encouraged to bring their own MLAK key. If you do not have you own, an MLAK can be ordered from the Master Locksmiths Association of Australasia Ltd by completing the MLAK Order Form. Click here for more information http://masterlocksmiths.com.au/mlak/**

**Location**

**At the rear of the play space, within the toilet block at Multi-Age Accessible Area.**

**Includes:**

**unisex accessible toilet with sensor lighting**

**automatic sliding door. Door clearance 950mm. MLAK is required for access**

**push button lock at an operating height of 980mm AFFL**

**cubicle space 4090mm X 3070mm**

**colour contrast toilet seat**

**toilet height of 470mm AFFL. Retractable grab bars on either side of the toilet with space for either a right- or left-hand transfer**

**sink height 820mm AFFL with lever tap at 970mm AFFL**

**shower with bench, HHSH and grab bars**

**adult change table – electronically height adjustable and manual foldable table – Safe Working Load 200kg**

**C Series C450 motorised height adjustment, manual traverse ceiling hoist with hoist/grab bar – Safe Working Load 200kg.**

**Users are required to provide their own sling. Please ensure it is compatible with the hoist. If there is any uncertainty, please do not use hoist. Signage detailing operating instructions for the safe use of the change table and ceiling hoist are located above the sink.**

### Sensory Guide Changing Places

#### Feel

* **Change in ground surface**

#### Sounds

* **Automated door**
* **Echo**
* **Hand dryer**
* **Toilet flushing**
* **Water running**

#### Sights

* **Bright lights**
* **Mirror/Reflection**

#### Smells

* **Bathroom smells**
* **Disinfectants**

## Toilets

**Mill Park All Abilities Play Space has one set of public toilets which includes two accessible toilets and two unisex ambulant toilets.**

**Location**

**At the rear of the play space, within the Multi-Age Accessible Area.**

**The orientation of these toilets has been carefully considered to ensure clear view lines with doorways fronting onto the main play areas.**

**Includes:**

**two separate unisex accessible toilets with artificial lighting**

**toilet to the right of Changing Places with right-hand transfer. Grab bars to the right and behind toilet**

**toilet to the left of Changing Places with left-hand transfer. Grab bars to the left and behind toilet.**

**manual doors opening inward. Door clearances 870mm. Twist locks at 900mm AFFL**

**cubicle spaces 2060mm X 2680mm**

**toilet heights 450mm AFFL with contrast toilet seats**

**sink heights 820mm AFFL with lever taps 970mm AFFL**

**baby change.**

### Sensory Guide Toilets

#### Sounds

* **Echo**
* **Hand dryer**
* **Toilet flushing**
* **Water running**

#### Sights

* **Bright lights**
* **Mirror/Reflection**

#### Smells

* **Bathroom smells**
* **Disinfectants**

## Barbecue Area and Social Spaces

**Location: Within the Multi-Age Accessible Area.**

**Social spaces can be used for visitors to sit, relax and dine together.**

**Seating options include picnic tables with dedicated wheelchair seating space. Surrounding bench seating is available.**

**Barbecues are push button operated. Operating controls are conveniently displayed on the top of the hot plate.** **Barbecues have been designed to be accessible for wheelchair users with an operating height of approximately 880mm AFFL, a knee clearance of 820mm AFFL and a depth of 700mm.**

**Barbecues are a short distance to Changing Places and accessible toilet facilities, enabling easy access for parents and carers.**

**A grassed area is close by and available for free play and ball games.**

### Sensory Guide Barbecue Area and Social Space

#### Feel

* **Change in ground surface**
* **Shared personal space**
* **Weather**

#### Sounds

* **Balls bouncing**
* **Barbecue sizzling**
* **People**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Food/Drink**
* **Nature**
* **Sunscreen**

## Junior Play Area

**Mill Park All Abilities Play Space has a Junior Play Area focussed on the developmental needs of children, aged 0 to 6 years. This area aims to enhance the physical development of users through balance, coordination and upper body and core strengthening play, as well as cognitive development through imaginative play in shopfronts and tactile surface exploration.**

**Play space equipment in the Junior Play Area includes:**

* **tractor smooth glider**
* **tractor car rocker**
* **crate structures with slides**
* **sensory cube with shop fronts**
* **swings, including junior basket swing.**

## Junior Play Area Tractor Smooth Glider

**The Tractor Smooth Glider offers a small, swaying movement.**

**Directions and rules:**

**The Tractor Smooth Glider is wheelchair accessible via a ramp with direct access.**

**Four to six users can sit in the Tractor Smooth Glider at the one time.**

**The Glider needs to be manually rocked by users inside as they hold onto the table in the middle. The glider can also by pushed by a parent or carer on the outside.**

**Stay Safe**

**Do not exceed the comfortable gliding speed of yourself or other users.**

**For ages 2+**

**Supervision by an adult at all times.**

**Take caution of foot traffic entering from edges.**

### Sensory Guide Tractor Smooth Glider and Rocker

#### Feel

* **Gliding sensation**
* **Increased body temperature**
* **Increased heart rate**
* **Shared personal space**
* **Weather**

#### Sounds

* **Musical deck chimes**
* **People**
* **Traffic**
* **Weather**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Nature**
* **Sunscreen**
* **Tanbark**
* **Timber**

## Junior Play Area Tractor Car Rocker

**The Tractor Car Rocker offers a fun rocking movement.**

**Directions and rules:**

**Up to four users can sit in the Tractor Car Rocker at the one time.**

**The Rocker needs to be manually rocked by users, while sitting inside. Two users can hold onto the steering wheel while rocking. A parent or carer can also rock the tractor from the outside.**

**The Tractor Car Rocker is not accessible for wheelchair users.**

**Stay Safe**

**Do not exceed the comfortable rocking speed of yourself or others.**

**For ages 3+.**

**Supervision by an adult at all times.**

**Take caution of people entering the rocker from the sides.**

### Sensory Guide Tractor Car Rocker

#### Feel

* **Increased body temperature**
* **Increased heart rate**
* **Rocking sensation**
* **Shared personal space**
* **Weather**

#### Sounds

* **Musical deck chimes**
* **People**
* **Traffic**
* **Weather**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Nature**
* **Sunscreen**
* **Tanbark**
* **Timber**

## Junior Play Area Crate Structures with Slides

**The Crate Structure is a climbing feature that includes multiple stepped entry points. This structure incorporates multiple play components, giving users a great variety of physical and sensory play experiences.**

**A smaller Crate Structure is nearby. This includes a small rock-climbing feature, a plastic slide and a steering wheel.**

**Play components within the Crate Structures include:**

* **two plastic slides, one a double and the other a single**
* **a rope inclined net and bridge**
* **log climber**
* **finger trace panel**
* **shop front**
* **tunnels**
* **talking tubes (speakers with varying colours that allows users to communicate to others using different speakers of the same colour around the structure).**

**Tip: Do not walk or run up and down the slides.**

### Sensory Guide Crate Structures with Slides

#### Feel

* **Increased body temperature**
* **Increased heart rate**
* **Shared personal space**
* **Stomach drop (slides)**
* **Weather**
* **Weightlessness (slides)**

#### Sounds

* **Musical deck chimes**
* **People**
* **Traffic**
* **Weather**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Nature**
* **Sunscreen**
* **Tanbark**
* **Timber**

## Junior Play Area Sensory Cube

**The Sensory Cube with access ramp offers users a variety of tactile, auditory and manipulative activities.**

**Sensory Cube play components include:**

* **access ramp includes deck chimes which are operated by foot or hand, or wheeled over with assisted walkers or wheelchairs. These tread chimes provide an interactive and sensory experience for users**
* **shop front**
* **wall abacus**
* **vertical rope**
* **grass wall**
* **bench seating.**

### Sensory Guide Sensory Cube

**Feel**

* **Shared personal space**
* **Varied ground surfaces**
* **Varied wall surfaces**

#### Sounds

* **Abacus balls clicking**
* **Musical deck chimes**
* **People**
* **Traffic**
* **Weather**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Nature**
* **Sunscreen**
* **Tanbark**
* **Timber**

## Junior Play Area Swings

**The swing set includes a toddler seat, a sling seat and a junior basket swing. The Junior Basket Swing sits at approximately 670mm AFFL.**

**Stay Safe**

**Make sure to stand at the side of the swings while waiting your turn.**

**Do not walk in front or behind moving swings.**

**Do not swing faster or higher than what a user is comfortable with.**

### Sensory Guide Junior Plan Area Swings

#### Feel

* **Chain link handles**
* **Increased body temperature**
* **Increased heart rate**
* **Shared personal space**
* **Sensation of flying**
* **Weather**
* **Weightlessness**

#### Sounds

* **Musical deck chimes**
* **Traffic**
* **Weather**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Nature**
* **Sunscreen**
* **Tanbark**
* **Timber**

## Junior Play Area Health and Wellbeing

**Being involved in regular moderate physical activity can provide numerous advantages. Play is helpful for sensory-seeking or sensory sensitive children to assist with self-regulation, focus and attention. Listed below are the associated health and wellbeing benefits of participating in play at Mill Park All Abilities Play Space.**

**Tractor Smooth Glider and Tractor Rocker**

**Helps improve balance and mobility.**

**Helps improve strength as children need to use their legs and core muscles to rock backwards and forwards.**

**Helps encourage socialisation and cooperation.**

**Rocking can be calming and relaxing for some children.**

**The steering wheel provides an interactive and sensory experience for users and assists with fine motor skills and dramatic play.**

**Crate Structures with Slides**

**Helps to develop/improve proprioception.**

**Helps to develop balance and core strength.**

**Helps to develop gross motor skills.**

**Helps to encourage turn taking and cooperative play.**

**The steering wheel provides an interactive and sensory experience for users and assists with fine motor skills and dramatic play.**

**Sensory Cube with Shop Fronts and Musical Elements**

**Helps children to make sense of the world around them by providing a range of experiences to stimulate the senses.**

**Supports dramatic play and an understanding of the world.**

**Helps to recognise, imagine and wonder.**

**Encourages and stimulates communication.**

**Stimulates imagination, creativity and social skills.**

**Musical elements help children to develop and understand cause and effect.**

**Helps develop fine motor skills and coordination.**

**Swings**

**The smooth, back-and-forth motion can be soothing and calming.**

**Helps to develop balance and core strength.**

**Helps to encourage turn taking and cooperative play.**

**Stimulates the vestibular sense which in turn promotes physical balance and coordination.**

## Multi-Age Accessible Area

**The Multi-Age Accessible Area offers a range of play experiences for all ages and abilities.**

**The Multi-Age Accessible Area includes:**

* **climbing structure including slides and transfer slide**
* **double flying fox**
* **swings including a basket swing**
* **cup spinner**
* **agility equipment including senior citizen's agility equipment**
* **an 8-seater rocker**
* **in-ground trampolines including a wheelchair accessible trampoline**
* **water play**
* **picnic and barbecue facilities**
* **toilets.**

## Multi-Age Accessible Area Climbing Structure

**The centre piece of the Multi-Age Accessible Area is a Climbing Structure with three levels. It has a fully accessible ramp to level one to allow inclusive play for all users. It also has challenging entry points including a net climber, rope inclined bridge, rock climbing wall, ladders and a staircase to levels one and two.**

**Ground level includes:**

* **tunnels**
* **shop fronts with seating**
* **mirror features**
* **hammock chairs**
* **talking tubes.**

**The accessible ramp to level one includes deck chimes which are operated by foot or hand or wheeled over with assisted walkers or wheelchairs.**

**Level one is accessible and includes:**

* **ramped access**
* **various interactive panels to engage users**
* **an accessible green plastic transfer slide**
* **a wide stainless-steel slide**
* **a fireman’s pole for users to slide down.**

**Level two includes:**

* **a 4.5m deck level**
* **a cargo net birds nest**
* **a large spiral tube slide.**

**Tip: Do not walk or run up and down the slides.**

### Sensory Guide Climbing Structure

#### Feel

* **Increased body temperature**
* **Increased heart rate**
* **Heights**
* **Stomach drop (slides)**
* **Shared personal space**
* **Varied ground surface**
* **Weightlessness (slides)**

#### Sounds

* **Balls bouncing**
* **Musical deck chimes**
* **People**
* **Weather**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Food/Drink**
* **Nature**
* **Tanbark**
* **Timber**
* **Sunscreen**

Multi-Age Accessible Are Double Flying Fox
**The Double Flying Fox is a popular piece of play equipment that gives users the exhilarating sensation of flying. It is an inclusive play experience for children of all abilities.**

**The Double Flying Fox has two seats. One is an all-ages adaptable seat which turns 360 degrees, making it easier to transfer a user from a wheelchair, with some lifting from a carer. The other seat is a disc seat.**

 **The Double Flying Fox is operated by the person in the seat either pushing themselves from their position on the seat while holding on, or by a parent or carer pushing the seat.**

**Stay Safe**

**Do not walk in the operating zone of the flying fox while somebody is using it.**

**Do not push a user harder than what they are comfortable with.**

### Sensory Guide Flying Fox

#### Feel

* **Increased body temperature**
* **Increased heart rate**
* **Flying sensation**
* **Swinging**
* **Weather**

#### Sounds

* **Balls bouncing**
* **Flying fox zipline**
* **People**
* **Weather**

#### Sights

* **Glare**
* **Flying insects**
* **Nature**
* **People**

#### Smells

* **Food/Drink**
* **Nature**
* **Tanbark**
* **Sunscreen**

## Multi-Age Accessible Area Swings

**There are three sets of swings in the Multi-Age Accessible Area.**

**Set One**

**This is a double extended swing frame which includes an expression double seat for a parent/carer and toddler to swing together, as well as a separate toddler seat.**

**Set Two**

**This is a double swing frame which includes two sling seats.**

**Basket Swing**

**The Basket Swing is a piece of play equipment that is suitable for multiple users. It supports inclusive play for users of all abilities. It utilises a 360-degree range of motion. Users operate the swing by pushing themselves in various directions while inside the swing, or by a parent or carer pushing from the outside.**

**The basket swing is 760mm AFFL.**

**Stay Safe**

**Make sure to stand at the side of the swings while waiting your turn.**

**Do not walk in front or behind moving swings.**

**Do not swing faster or higher than what a user is comfortable with.**

### Sensory Guides Swings

#### Feel

* **Increased body temperature**
* **Increased heart rate**
* **Shared personal space**
* **Sensation of flying**
* **Weather**
* **Weightlessness**

#### Sounds

* **People**
* **Running water**
* **Weather**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Nature**
* **Sunscreen**
* **Tanbark**
* **Timber**

## Multi-Age Accessible Area Cup Spinner

**The Cup Spinner, shaped as a flying saucer, offers multiple users the experience of spinning, which creates energy and excitement.**

**The Cup Spinner has stepped entry.**

**It is operated by spinning the steering wheel in the centre.**

**Stay Safe**

**Do not exceed the comfortable spinning speed of yourself or others.**

**Supervision by an adult at all times.**

**Take caution of people entering.**

### Sensory Guide Cup Spinner

#### Feel

* **Dizziness**
* **Increased body temperature**
* **Increased heart rate**
* **Shared personal space**
* **Weather**
* **Weightlessness**

#### Sounds

* **Balls bouncing**
* **People**
* **Weather**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Food/Drink**
* **Nature**
* **Sunscreen**
* **Tanbark**

## Multi-Age Accessible Area Agility Equipment

**Agility Equipment incorporates challenging experiences for users as they learn to climb, swing and use their body to cross one piece of equipment to another.**

**This area includes:**

* **two monkey bars**
* **two chin up bars**
* **sway bridge**
* **clatter bridge**
* **pommels leading to the climbing structure.**

### Sensory Guide Agility Equipment

#### Feel

* **Increased body temperature**
* **Increased heart rate**
* **Shared personal space**
* **Varied ground surface**
* **Weather**

#### Sounds

* **Musical deck chimes**
* **People**
* **Weather**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Food/Drink**
* **Nature**
* **Tanbark**
* **Timber**

## Multi-Age Accessible Area Senior Citizen Agility Equipment

**The Senior Citizen Agility Equipment is a low impact fitness circuit aimed at senior citizens who may be supervising their grandchildren at Mill Park All Abilities Play Space. This agility equipment is also safe for children. An instructional sign is displayed.**

**Senior Citizen Agility Equipment includes balance equipment.**

### Sensory Guide Senior Citizen Agility Equipment

#### Feel

* **Increased body temperature**
* **Increased heart rate**
* **Shared personal space**
* **Varied ground surface**
* **Weather**

#### Sounds

* **People**
* **Traffic**
* **Weather**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Nature**
* **Tanbark**
* **Sunscreen**

## Multi-Age Accessible Area 8-Seater Rocker

**The 8-Seater Rocker provides a rocking experience. Users sit in the rocker and hold onto a bar while rocking. The rocker has handles and chairs with backrests. Parents or carers can also push the rocker from the outside.**

**Stay Safe**

**For users aged 5-8 years.**

**Do not exceed the comfortable rocking speed of yourself or others.**

**Watch out for people entering the rocker from the sides.**

### Sensory Guide 8-Seater Rocker

#### Feel

* **Increased body temperature**
* **Increased heart rate**
* **Rocking sensation**
* **Shared personal space**
* **Weather**

#### Sounds

* **Balls bouncing**
* **Musical deck chimes**
* **People**
* **Weather**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Food/Drink**
* **Nature**
* **Sunscreen**
* **Tanbark**
* **Timber**

## Multi-Age Accessible Area In-Ground Trampolines

**The in-ground trampolines offer an inclusive experience for users.**

**The wheelchair accessible trampoline with handrails can be used by one person in a wheelchair, with room for a parent or carer. The ramps have been specifically designed to provide a smooth and easy transition onto the trampoline and then off when needed.**

**A further two circular inground trampolines are located in this area. These trampolines provide users the ability to perform a wide range of movements.**

**Stay Safe**

**Recommended age 2-12 years.**

**Somersaults are not recommended.**

**One user on the trampoline at a time.**

### Sensory Guide Trampolines

#### Feel

* **Increased body temperature**
* **Increased heart rate**
* **Varied ground surface**

#### Sounds

* **Balls bouncing**
* **Musical deck chimes**
* **People**
* **Weather**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Food/Drink**
* **Nature**

## Multi-Age Accessible Area Health and Wellbeing

**Slides**

**Helps to develop/improve proprioception.**

**Helps to develop core strength.**

**Helps to develop gross motor skills.**

**Helps to encourage turn taking and cooperative play.**

**Double Flying Fox**

**Helps to develop balance and core strength.**

**Helps to encourage turn taking and cooperative play.**

**Swings**

**The smooth back and forth motion can be soothing and calming.**

**Helps to develop balance and core strength.**

**Helps to encourage turn taking and cooperative play.**

**Stimulates the vestibular sense which in turn promotes physical balance and coordination.**

**Cup Spinner**

**Helps to improve balance, core strength and proprioception.**

**Helps to train the sense of spatial awareness.**

**Encourages children to socialise and practise turn taking, team building and collaborative play.**

**Agility Equipment**

**Helps overcome challenges and build confidence.**

**Helps to facilitate development of fine and gross motor skills.**

**Improves coordination.**

**Improves motor planning ability.**

**Improves physical fitness.**

**Helps to develop coordination and strength building.**

**Assists with balance, hand-eye coordination and posture.**

**Assists with flexibility and dexterity.**

**Encourages socialisation and turn taking.**

**8-Seater Rocker**

**Helps improve balance and mobility.**

**Helps improve strength as children need to use their legs and core muscles to rock backwards and forwards.**

**Helps encourage socialisation and cooperation.**

**Rocking can be calming and relaxing for some children.**

**Climbing Structure**

**Offers physically challenging opportunities.**

**Helps develop imagination.**

**Provides sensory experiences.**

**Tread chimes in deck provide an interactive and sensory experience.**

**Musical elements help to develop and understand cause and effect.**

**In-Ground Trampolines**

**Provides vestibular and proprioceptive input, which helps develop gross motor coordination.**

**Helps improve balance.**

**Improves strength and fitness.**

**Encourages users to socialise and practise turn taking.**

## Teen to Senior Play Area

**The Teen to Senior Play Area has been designed to engage a demographic of the community not typically considered in standard parks.**

**The area features a line marked full-sized court for multiple sports including:**

* **basketball**
* **four-square**
* **walking football.**

**Spectator seating is included in this area.**

**Health and Wellbeing**

**Improves physical fitness.**

**Encourages socialisation, team work and cooperative play.**

**Improves hand/eye coordination.**

**Improves gross motor skills.**

### Sensory Guide Teen to Senior Play Area

#### Feel

* **Increased body temperature**
* **Increased heart rate**
* **Shared personal space**
* **Weather**

#### Sounds

* **Balls bouncing**
* **People**
* **Weather**

#### Sights

* **Flying insects**
* **Glare
Nature**
* **People**
* **Rapid movement**

#### Smells

* **Deodorant**
* **Food/Drink**
* **Nature**
* **People**
* **Sunscreen**

## Water Play Area

**The Water Play Area provides pure sensory stimulation.**

**The Water Play Area includes:**

* **two fish shaped waterplay tables that allow users to push a button or pull the handles on the corresponding water pumps/taps to operate**
* **three mist rings which sprinkle water for users to walk through or use their wheelchairs to go through**
* **a Surface Monster Water Jet with eight surface jets surrounding it**
* **three arching water jets that come out of rocks in the splash area**
* **twelve surface water bubblers that run in set cyclical sequences, in groups of three**
* **a sheltered area for water play supervision with seating which includes benches; one with back and armrests**
* **a grassed central mound for free play.**

**The water play tables and pumps are operational all year round. The water jets, bubblers and mist rings are operational only in summer months.**

**Actively Supervise - Parents and carers must have their children within eyesight at all times.**

**Health and Wellbeing**

**Waterplay releases energy. It can be invigorating, relaxing or calming.**

**Helps to stimulate creativity and imagination.**

**Helps children to explore their world using their senses.**

**Helps to develop scientific concepts.**

**Helps to develop fine motor skills.**

**Encourages cooperation and teamwork and encourages children to socialise.**

### Sensory Guide Water Play Area

#### Feel

* **Being splashed**
* **Cool water**
* **Shared personal space**
* **Water resistance**
* **Weather**

#### Sounds

* **Musical desk chimes**
* **People**
* **Splashing**
* **Water running**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Food/Drink**
* **Nature**
* **Sunscreen**

## Sensory Play Area

**The Sensory Play Area has been designed as a quiet retreat within the wider reserve. This area is a zone where users, who may be over stimulated by the pace and sounds of the main play areas, can retreat to. The design of this area has been extensively considered to include play elements that encourage calm and controlled exploration and may also facilitate future programming opportunities such as therapy sessions.**

**The Sensory Play Area includes:**

* **tactile paving surfaces, including hop scotch**
* **musical bollards**
* **a dry creek bed**
* **nature play exploration with logs, trees and rocks**
* **sand play area.**

**Health and Wellbeing**

**Natural areas improve physical fitness, health, mood and cognition.**

**Can be a calming space for anyone who may be feeling overwhelmed.**

**Helps children to make sense of the world around them by providing a range of experiences to stimulate the senses.**

**Helps to encourage imaginative play.**

### Sensory guide Sensory Play Area

#### Feel

* **Change in ground surface**
* **Shared personal space**
* **Weather**

#### Sounds

* **People**
* **Traffic**
* **Weather**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Nature**
* **Tanbark**
* **Sunscreen**

## Sensory Play Area Sand Play

**The Sand Play area offers textural elements to engage user’s sense of touch.**

**The Sand Play Area includes:**

* **a sand pit with accessible entry**
* **accessible sand play tables with suction wells that feeds sand down to the sandpit**
* **two sand diggers, including one accessible digger which allows a person in a wheelchair to operate the handles.**

**Stay Safe**

**Sand Diggers are for digging only. Do not use to strike other play space users.**

**Stay a safe distance back from digger in motion and do not cross the path of moving digger.**

**Health and Wellbeing**

**Helps to develop spatial awareness**

**Helps to facilitate development of fine motor and gross motor skills.**

**Helps to stimulate creative and imaginative skills.**

**Helps children to explore the world around them using their senses.**

**Helps to develop hand-eye coordination.**

**The excavator action of the sand diggers promotes coordination.**

### Sensory Guide Sand Play

#### Feel

* **Cool sand**
* **Gritty sand**
* **Shared personal space**
* **Varied ground surface**
* **Weather**

#### Sounds

* **People**
* **Traffic**
* **Weather**

#### Sights

* **Flying insects**
* **Glare**
* **Nature**
* **People**

#### Smells

* **Nature**
* **Tanbark**
* **Sunscreen**

## Accessibility

**Throughout**

**Pathway from public bus stop with approximate 1:14 gradient.**

**Pram ramps from accessible parking bays to access walkway.**

**Clear path of travel from car park to play space.**

**Large visual map of play space on the fence near front entry.**

**Access gate heights 1420mm AFFL.**

**Access gate latch heights at 1430mm AFFL.**

**Wide, accessible paths throughout the play space.**

**Adequate space to park mobility aids and prams throughout.**

**Space for whole class/groups to gather.**

**Grassed areas throughout for people to gather/play.**

**Bins located throughout, off pathways, at a height of 1080mm AFFL.**

**Directional signage at both entrances.**

**Various seating options throughout, some with back and armrests.**

**Seating with room for wheelchair users to sit with friends.**

**Barbecue area table height 750mm AFFL with 650mm knee clearance.**

**Two drinking fountains. One with operating height 980mm AFFL and knee clearance 780mm AFFL. Lower faucet for water bottles and animals with operating height 660mm AFFL.**

**Junior Play Area**

**Picnic bench table 760mm height, 640mm AFFL knee clearance.**

**Picnic bench seating with no back and armrests.**

**Picnic bench table and seats with grassed access only.**

**Tractor Smooth Glider accessibility ramp one with a length of 4.7 metres, width of 1500mm and an approximate gradient of 1:16 (6.3%).**

**Tractor Smooth Glider accessibility ramp two with a length of 3.9 metres, width of 1500mm and an approximate gradient of 1:23 (4.43%).**

**Tractor Smooth Glider table positioned in middle at height 700mm AFFL.**

**Crate structure shop front window height 790mm AFFL.**

**Sensory cube with accessible ramps.**

**Sensory cube shop front window at height of 740mm AFFL.**

**Multi-Age Accessible Area**

**Double flying fox all-abilities seat at a height 560mm AFFL.**

**Basket swing diameter of 11m.**

**Cup Spinner with a diameter 1400mm.**

**Cup Spinner stepped entry at 300mm AFFL.**

**8-Seater Rocker dimensions 3100mm x 1200mm.**

**Climbing Structure accessible ramp to first level with width 1200m and length 4200mm with gradient 1:14. Second ramp 1:10. Third rap 1:8**

**Teen to Senior Play Area**

**Seating in spectator area with back and armrests.**

**Water Play Area**

**Accessible entry to waterplay area.**

**Water table one height 870mm AFFL with knee clearance 770mm AFFL.**

**Water table one push button tap operating height 700mm AFFL.**

**Water table two height 900mm AFFL with knee clearance 800mm AFFL.**

**Lower height water table two 690mm AFFL with knee clearance 570mm AFFL.**

**Manual pump for water table two operating height 1000mm AFFL.**

**Sensory Play Area**

**Sand tables 750mm height, 700mm AFFL knee clearance.**

**Accessible sand digger handles at 1000mm AFFL operating height.**

**Accessible sand digger 1080mm x 460mm in size.**

**Second sand digger 1100mm x 460mm in size.**

**One musical bollard with Braille.**

## Safety

**Throughout**

**Raised pedestrian crossing from side carpark to play space entry.**

**Pedestrian walkways leading to both sides of carparks with no TGSI.**

**Airlock entry at both gates.**

**Surrounding fencing allows families and groups to safely utilise the play and social space, allows parents and carers peace of mind to enjoy the space together without the risk of children running onto busy roads or other hazards.**

**No pathway curbing.**

**Terrain varies throughout the play space and includes soft fall play surface, tanbark, concrete and sand.**

**Trees and play equipment overhead hazards.**

**All slides with 2000mm safety zone at the end of slide.**

**Sensor lighting at night.**

**Smoking and alcohol not permitted within the play space.**

**Children to be supervised at all times.**

**Assistance animals permitted.**

**In the event of an emergency, please call 000.**

**Junior Play Area**

**Tractor Smooth Glider accessible ramp without barriers.**

**Tractor Smooth Glider with soft fall area.**

**Tractor Car Rockers with soft fall area.**

**Crate Structures stepped entry with single handrail. Some stepped entry points with no handrail**

**Crate Structures with slides fully enclosed from level one.**

**Swing set 8410mm x 7300mm safety zone.**

**Sensory Cube entry ramps without barriers.**

**Sensory Cube deck chimes a potential tripping hazard.**

**Multi-Age Accessible Area**

**Double Flying Fox with safety zone.**

**Climbing Structure ramp to first level with deck chimes a potential tripping hazard.**

**Basket Swing with fall height fall zone.**

**8-Seater Rocker with safety zone.**

**Trampolines with safety zone.**

**Extended double swing frame with safety zone.**

**Double swing frame with safety zone.**

**Sensory Play Area**

**Tactile uneven paving surfaces on pathway.**

## Contact Us

**Mill Park All Abilities Play Space**

**T: 03 9217 2170 (general information)**

**TTY: 133 677 (ask for 03 9217 2170)**

**Postal address**

**Locked Bag 1, Bundoora MDC VIC 3083**

**E: info@whittlesea.vic.gov.au**

**Council offices**

**25 Ferres Boulevard**

**South Morang VIC 3752**

**www.whittlesea.vic.gov.au**

**Free telephone interpreter service 131 450**

## Access Ability Australia

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**For Access Keys in Braille or audio, please Contact Us by clicking the following link.**

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**The End.**