# A Swim at Mill Park Leisure Social Story

**Updated November 2022**

**Version 2.0**

**City of Whittlesea**

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## Guidelines

**Thank you for choosing to use a Social Story written for Mill Park Leisure. This Social Story is written by Access Ability Australia and is suited for a person who may live with autism spectrum disorder, a Language Disorder, Social Communication Difficulties and/or a Cognitive Delay/Disability.**

**For your Social Story to be successful, we recommend you follow these guidelines.**

**• Read Social Story often and preferably 2 weeks in advance of visit.**

**• Social Story to be read and shared in an environment free of distractions.**

**• Be calm, comfortable and honest when reading a Social Story.**

**• Help the participant comprehend key points and consistently monitor for level of understanding.**

**• Once the visit has taken place, revisit the Social Story to celebrate success.**

**Acknowledgements**

**We recognise the rich Aboriginal heritage of this country and acknowledge the Wurundjeri Willun Clan and the Taungurung People as the traditional owners of lands within the City of Whittlesea.**

## Contact

**Mill Park Leisure**

**T: 03 8432 7600**

**Address 33 Morang Drive, Mill Park, VIC, 3082**

**Email: mpl@activewhittlesea.com.au**

**Website: millparkleisure.com.au/**

**City of Whittlesea**

**T: 03 9217 2170 (general information)**

**TTY: 133 677 (ask for 03 9217 2170)**

**Postal address**

**Locked Bag 1, Bundoora MDC VIC 3083**

**E: info@whittlesea.vic.gov.au**

**Address**

**25 Ferres Boulevard**

**South Morang VIC 3752**

**www.whittlesea.vic.gov.au**

**Free telephone interpreter service 131 450**

**Whittlesea 2040 - a place for all.**

## Author Information

**Access Ability Australia**

**Who is Access Ability Australia? The founders and developers of Access Keys.**

**They also develop visual Communication Boards and deliver Communication Access and Awareness Training.**

**To learn more, visit** [**www.accessabilityaustralia.com**](http://www.accessabilityaustralia.com)**.**

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## Social Story

**I am going to Mill Park Leisure for a swim.**

**When we arrive, I will see people at reception who work at the centre.**

**They are called staff.**

**A staff member may give me a coloured band to put on my wrist.**

**Then, staff will open the gate for us to go through.**

**The pool hall has swimming pools, change rooms and play equipment.**

**I might see other people swimming and playing in the pools.**

**I might see lifeguards wearing a bright yellow and red uniform.**

**Lifeguards help make sure that everybody is safe in the pools.**

**A lifeguard might talk to me about where I can swim.**

**I will try and follow the lifeguard’s instructions.**

**The changing area is used to get dressed for swimming.**

**There is also a toilet in the change area.**

**It is important to walk in the pool area. Not run.**

**Walking will help to keep me safe.**

**I might go the water play area.**

**There are waterslides and lots of fun things to do here.**

**Other people might be lining up in front of me to use the slides.**

**I will try to wait my turn to use the slide.**

**Waiting my turn is the fair thing to do.**

**Before I use the slide, I will try to wait until the person in front of me has finished their turn and moved away.**

**This is important to keep everybody safe.**

**There are other pools to swim or play in.**

**There might be signs in the pool hall that tell me where I can swim.**

**My trusted person can read the signs to me if I need help.**

**There may be lots of sounds at the swimming pool.**

**I might hear children playing.**

**Sometimes the sounds in the pool hall might be too loud for me.**

**I can wear my ear plugs to help me with the noise.**

**I may get out of the pool and sit with my trusted person for a few minutes.**

**I might ask my trusted person if I can go to the outside area.**

**I might take some deep breaths.**

**There is a café with food and drink to buy.**

**When it is time to leave, I can use the change room to get dry and dressed.**

**I can choose to have a shower in the change room.**

**Or I can choose to put on my clothes and have a shower at home.**

**Swimming at the pool is fun!**

**The End.**